

NEW
ISSUE

ALFAISAL ALUMNUS WINS THE OSLER CUP



Dr. Omar Ahmad Khdeir is a graduate of the 6th batch of the college of medicine at Alfaisal. He is currently a 2nd year Internal Medicine resident at East Carolina University in North Carolina, United States.

During his time as a teaching assistant at Alfaisal, Dr. Khdeir has been an extraordinary educator to his students and an even more supportive mentor. He has a gift of simplifying any complex topic into a digestible format and goes above and beyond to devise new teaching methods to get the message across. In his PRO classes, he used to pull up UWorld questions as soon as he finishes teaching the physical examination skill for that particular topic and this teaching method easily hit a home run amongst many of his ardent listeners.

In recent times, Dr. Khdeir has added a feather to his cap by winning the distinguished

**American College of Physicians
Doctor's Dilemma competition.**

This is the biggest Internal Medicine knowledge-based competition in the world. It brings together some of the brightest residents from across the globe in a friendly but highly competitive environment.

Each training institution nominates three of its residents to form a team to compete at the state/regional level. Winning teams then advance and represent their state in the international championship. The competition layout is similar to the famous TV show Jeopardy, where each game consists of a set of questions that teams can answer by buzzing in first; depending on their answer they either gain or lose the points assigned to that question. Finally, each team must wage from their collected points before they see the final dilemma question. Team members write their answer on a piece of paper and if they get the answer right, they gain the waged points or otherwise they lose them.



Their journey started by winning the local chapter competition after which Dr. Khdeir became the captain of the North Carolina team, and with two of his colleagues, Dr. Swethaa Manickam and Dr. Alex Bradu, they competed against all the training institutions in the United States, Canada, Central America, and the Caribbean in a three-day competition.



What ensued after that comes as no surprise, they won first place and were awarded the Osler Cup, securing their names in the history of the American College of Physicians.

When asked about what he loved about the event, Dr. Khdeir said, "before the final round I told Alex and Swethaa that I have already won two cups today- their company. They are an amazing couple, and I am glad to have met them.

We waged all our collected points in the final dilemma and got the question right. After we won, we took turns calling our parents on speakerphone. Seeing our parents and siblings proud and happy was the biggest award we got."

Even several years after leaving Alfaisal he continues to be an unforgettable TA to the batches he taught. When we asked Dr. Khdeir to share with us a special message from thousands of miles away, he fervently conveyed, "Do not sell yourself short, you can reach what you aspire for one day; help others and purify your intention. Recognition and awards will follow without you asking for them."

With his undying passion for medicine Dr. Khdeir, without a shadow of doubt, will continue to make us proud, and we pray that the Almighty will light up his path with everlasting wins.



Designed by: Mayar Amboun